

90-Day Supplies Frequently Asked Questions

1. What is a 90-day supply network?

It's a feature of your prescription plan managed by Express Scripts. With it, you have two ways to get up to a 90-day supply of your daily medications (those drugs you take regularly for ongoing conditions, such as high blood pressure, diabetes or high cholesterol). You can conveniently fill those prescriptions either through home delivery from Express Scripts® Pharmacy or any participating retail pharmacy. There is no extra cost for this feature, and it could even save you money compared to filling three 30-day supplies.

2. How many pharmacies are available to me?

You can go to any participating retail pharmacy. If you need help locating one, visit [express-scripts.com](https://www.express-scripts.com) and click "Prescriptions" then "Find a Pharmacy."

3. What happens if I keep filling my daily medication like I'm doing now?

Depending on your plan design, if you keep filling a 30-day supply instead of a 90-day supply, you'll either pay what you're paying currently, pay a higher cost or pay the full cost for your medication.

4. What is the advantage of getting up to a 90-day supply vs. a 30-day supply?

One 90-day supply typically costs LESS than three 30-day supplies. You could save two copays a year — or an average of 29%. You'll also save more time making fewer trips to the pharmacy and just one payment every three months. And rest easy knowing you'll be less likely to miss a dose since you won't be refilling as often. You will pay the same copayment for your 90-day supply whether you fill through home delivery from Express Scripts® Pharmacy or any participating retail pharmacy.*

5. How do I get a 90-day supply of my medication?

You can have Express Scripts® Pharmacy deliver it (with FREE standard shipping) by visiting [express-scripts.com/3month](https://www.express-scripts.com/3month). You can also fill your prescription at any participating retail pharmacy.

6. What is the difference between daily medications and my other medications?

Daily medications, also called long-term or maintenance medications, are those you take on an ongoing basis, such as to treat high blood pressure or high cholesterol. Medications not considered "daily" include antibiotics and others you take for short periods of time. Under your plan, you can fill these prescriptions at any participating retail pharmacy in your network.

7. I already use home delivery from Express Scripts® Pharmacy to get 90-day supplies of my daily medications. Do I need to change anything?

No. However, if you have additional questions, feel free to call Express Scripts at the number listed on the back of your ID card.

*Price may vary slightly for coinsurance plans.

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